



Mindaugas Gudelis, MD, PhD

Mindaugas Gudelis (MD, PhD) - sport medicine physician graduated in UAB (Universitat Autònoma de Barcelona) specialized in musculoskeletal injuries. During last 8 years was working in medical department of FC Barcelona and last 5 years was a team doctor of FC Barcelona basketball team. Special areas of research area are muscle injuries, apophyseal injuries in children and decision of return to play. Co- author of several scientific articles. Special clinical interest are non-surgical sport injuries diagnosis and treatment, musculoskeletal ultrasound and ultrasound guided injections, regenerative medicine and football, tennis, basketball injuries diagnosis and treatment.

Born 1978 in Vilnius, Lithuania.

2003 graduated in Medical Faculty, University of Lleida, Spain.

2007 Family Medicine Residency program in the Hospital Universitari Arnau de Vilanova de Lleida, Spain

2014 Doctor of Philosophy (PhD), University of Lleida, Spain.

2014-2015 Medical fellow in High Performance Center CAR Sant Cugat, Spain.

2015 Sport Medicine Physician Residency program in the University of Barcelona, Spain

2015-2023 Sport physician in the FC Barcelona.

2015-2016 FC Barcelona handball academy doctor.

2016-2017 FC Barcelona Football academy doctor.

2017-2018 FC Barcelona 1st Roller hockey team doctor.

From 2018 FC Barcelona 1st Basketball team doctor.

From 2023 Sport medicine and sport traumatology physician in Clinica Tennis Teknon Barcelona and medical assessor of Royal Spanish tennis federation.

Publications:

Gudelis M, Pruna R, Trujillano J, Lundblad M, Khodae M. Epidemiology of hamstring injuries in 538 cases from FC Barcelona multi sports club. *Phys Sportsmed*. 2023 Jan 27:1-8. doi: 10.1080/00913847.2023.2170684.

Gudelis M, Perez LT, Cabello JT, Leal DM, Monaco M, Sugimoto D. Apophysitis Among Male Youth Soccer Players at an Elite Soccer Academy Over 7 Seasons. *Orthop J Sports Med*. 2022 Jan 20;10(1):23259671211065063. doi: 10.1177/23259671211065063.