



Dr. Franck Brocherie

Franck Brocherie (@brocherieF) has more than 20 years of experience in team sports' strength and conditioning at the national, international and world championship/Olympic levels. He is actually senior researcher and the acting lead of sports sciences services to athletes at the French Institute of Sport (INSEP, Paris, France). His research interest mostly focuses on the impact of the environmental stress (altitude and/or heat) on exercise-induced fatigue development. Prior to joining INSEP, he previously worked full-time for different professional clubs (e.g. Olympique de Marseilles, CA Brives rugby) and national teams (e.g. Japan and Qatar football associations). He also intervened as consultant/project manager for the "Excellence in Football" project at the Qatar Sports Medicine and Orthopaedic Hospital (ASPETAR), accredited FIFA Medical Centre of Excellence. Franck completed a Master in sports sciences before specializing (PhD) in exercise physiology and has authored/co-authored >100 peer-reviewed scientific articles, 12 book chapters and 2 books. He is frequently invited as speaker or consultant with individual- (cycling/mountain biking, kayaking, tennis) and team-sport (soccer, rugby union and sevens, ice hockey) professional squads and Olympic/Paralympic federations concerning innovative (environmental) training and acclimatization/acclimation to challenging conditions. Franck is fellow of the European College of Sport Science (ECSS), member of the European Network in Sports Sciences (ENSS) in environmental physiology, and member of the French network ReFORM, recognized as a Research Centre for the Prevention of Injury and Illness and the Protection of Athletes by the International Olympic Committee (IOC).