



## Dr. Stephane Bermon

Stéphane Bermon is a Sports Physician (MD) and Exercise Physiologist (PhD). He has worked with professional soccer and cycling teams, as well as elite athletes for three decades. Stéphane is the Director of the Health and Science Department at World Athletics. He has also a clinical activity at the Monaco Institute of Sports Medicine and Surgery (IM2S). His recent research interests have been on Applied Science in Athletics. He published over 80 peer-reviewed articles. Stéphane is a former professional snowboarder and still practices endurance sports, ski and kitesurfing.